

BLANCHESTER LOCAL SCHOOLS

JOB DESCRIPTION

Title: **WEIGHT ROOM SUPERVISOR** **ADOPTED 5/20/2024****Reports To:** Athletic Director**Job Objective:** Supervises weight room activities.

Minimum Qualifications:

- Available to work a non-traditional schedule and irregular hours when needed.
- Embraces high-performance standards (e.g., engagement, proficiency, resilience, etc.)
- Maintains a record free of criminal violations that prohibit public school employment.
- Upholds all Ohio High School Athletic Association, school, and state regulations/contest rules.
- Strength and conditioning coaching skills verified by training and work experience. Meets Ohio Administrative Code 3301-27-01 qualifications to direct, supervise, or coach a pupil-activity program. Monitors training/certification expiration dates and meets all renewal deadlines.

Preferred Attributes: Active listening, creative problem solving, and good time management skills.

Physical Demand Level¹: Heavy strength (frequently lifting/carrying 50+ lbs.). Duties require communicating verbally, crouching, far/near visual acuity, fine/gross manipulation, reaching at or below shoulder height and overhead, standing/walking, stooping, and using a traditional keyboard.

¹ Abridged U.S. Department of Labor documentation of physical demand characteristics.

Note: Contracts are offered to licensed staff with appropriate credentials. Unfilled positions may be offered to other applicants meeting school district and Ohio Department of Education permit criteria. An Ohio School Van Driver Certificate may be required.

**Essential
Functions:****1. Provides strength and physical conditioning training to improve athletic performance, reduce injuries and teach fitness/movement skills. Provides opportunities for students to enhance skills, build positive peer relationships, and develop leadership qualities.**

- Attends mandatory programs (e.g., rules interpretation, safety clinics, etc.)
- Confirms student medical emergency authorization forms are up-to-date and readily available.
- Evaluates and updates weight room policies and procedures.
- Executes a well-designed program plan. Ensures participants receive appropriate instruction, support, and opportunities to participate. Provides proactive supervision for all program activities.
- Identifies strength and conditioning activities best suited for each sport.
- Maintains effective document and records management systems. Prepares timely files. Monitors reporting deadlines. Complies with district records retention and disposal policies.
- Oversees the sanitization of equipment and cleaning of the weight room.
- Provides opportunities for program participants to critique activities and suggest enhancements.
- Teaches safety precautions and proper training techniques.
- Verifies equipment is appropriate for the physical development and skill level of each participant.

2. Consistently performs all aspects of the job. Diligently pursues high quality results.

- Develops mutually respectful relationships with co-workers. Functions as part of a cohesive team.
- Helps ensure the accuracy and privacy of confidential information.
- Maintains a professional appearance. Wears work attire appropriate for the position.
- Sustains an acceptable attendance record. Consistently complies with established work schedules.

3. Maintains open/effective communications. Serves as a reliable information resource.

- Fosters goodwill and encourages relationships that enhance public support for the district.
- Refers administrative procedure and district policy questions to an appropriate administrator.
- Supports equality, diversity, and inclusion. Uses tact and diplomacy to resolve differences fairly.

4. Pursues opportunities to enhance job knowledge and skill proficiency.

- Keeps current with standards and practices associated with work duties.
- Updates skills as needed to use task-appropriate technology effectively.

5. Keeps current with emergency preparedness and response procedures.

- Complies with health and safety protocols to mitigate workplace risks.
- Protects district property. Takes precautions to prevent the loss of equipment and supplies.
- Takes action to address harassment or aggressive behavior. Complies with all legal statutes when dealing with discrimination, inappropriate behavior, or suspected child abuse/neglect.

6. Performs other specific job-related duties as directed.

- Helps implement district strategies to advance organizational goals.

**Performance
Evaluation:**

Employee performance is evaluated according to applicable law, board policies, contractual agreements, and district administrative procedures.

Working Conditions: The district offers equal employment opportunity without regard to age, color, disability, genetic information, military status, national origin, race, religion, sex (including gender identity, pregnancy, and sexual orientation), or any other legally protected category.

The district maintains a drug and alcohol-free work environment to prevent the adverse impact of substance abuse on employee performance and protect the rights of co-workers and the public.

Safety is essential to job performance. All employees are required to comply with workplace health/safety regulations and district policies **when duties entail any of the following situations:**

Encounters with aggressive, angry, rude, or unpleasant individuals.

Exposure to air-borne particulates, chemicals, combustible materials, electrical hazards, loud noises, moving mechanical parts, odors, slippery/uneven surfaces, etc.

Exposure to blood-borne pathogens or contagious diseases.

Exposure to severe weather conditions or temperature extremes.

Movements that require balancing, bending, climbing, crouching, kneeling, or reaching.

Operating or riding in a vehicle. Working in or near vehicular traffic.

Performing tasks that require complex sequencing, dexterity, strength, stamina, etc.

Traveling to meetings and work assignments.

Working at heights, in confined spaces, or under diminished/variable lighting.

This job description document does not establish a contract or alter board-authorized employment agreements. Employee benefits, classifications, contract durations, skill sets, wage rates, and work schedules may vary by assignment. This summary document describes typical job functions and does not represent an exhaustive list of all possible work responsibilities.

Employee duties may change in response to collective bargaining agreements, funding variables, modified operating procedures, program/service adjustments, regulatory compliance, technological innovations, and unforeseen events.